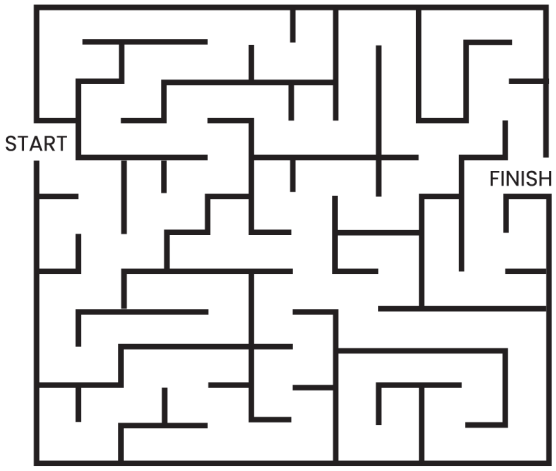
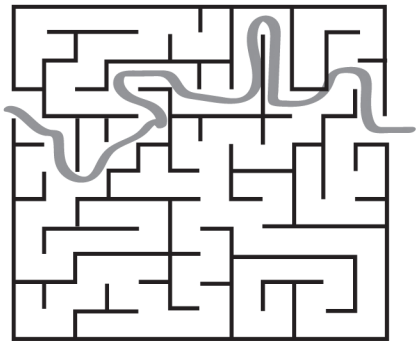
kids' corner

Maze Craze

Find your way through the maze.





THIS DAY IN HISTORY

OCTOBER 28

306: Maxentius is proclaimed Roman emperor.

1726: The novel "Gulliver's Travels" by Jonathan Swift is published.

1990: Georgia holds its only free election under Soviet rule.

Health FACT:

True or False? Eating a vegetarian diet can provide health benefits and aid in the prevention and treatment of certain diseases.

Answer: True

NEW WORD

LEGUME

fruit of plants in the pea family

"How they say that in..."

English: Spinach
Spanish: Espinaca
Italian: Spinaci
French: Épinard
German: Spinat

Did You KNOW?

Vegetarian diets are naturally low in saturated fat and cholesterol and high in fiber, which may help prevent heart disease.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Avocado